

Give Back.
Have Fun.

V•O•CAL

Volunteers
for Outdoor
California

Take a walk on the Wild Side!

Las Trampas Regional Wilderness

Minutes from San Ramon!
July 23, 24 & 25, 2010



Photos Courtesy of EBRPD

What YOU get:

Free Food
Free Camping
On-Site Training
Meet New People
Project Memento
A Great Workout
A Sense of Accomplishment

- Join us one day or the whole weekend:
Saturday 8am - 4pm
Sunday 8:30am - 2pm
- Camping (optional) Friday and/or Saturday nights.
- All Meals Provided!

Who knew there was a Wilderness this close to town? What a view! Join **Volunteers for Outdoor California** and **East Bay Regional Park District** to give the Sycamore Trail a major facelift!

Bring friends. Get your family involved. Help us get 150 volunteers out to make a real difference!

Volunteers Needed!

Trail Workers • Crew Leaders • Kitchen Crew
Tool Managers • Greeters and Registration

All ability levels welcome - No experience necessary
All training and tools provided
Ages 14 and over

Register Now at www.v-o-cal.org

more info and registration at :

www.v-o-cal.org
650-298-9774

